



TEACHER NEWSLETTER

Unit 1

Hello from ParentPowered! We'll be sending parents weekly ParentPowered text messages to help support all the wonderful learning that's happening in your classroom. In our messages, we'll introduce parents to important skills and suggest fun and easy ways to explore these skills during everyday routines.

THIS MONTH WE'LL TEXT PARENTS ALL ABOUT:

- ✓ **Asking a variety of questions to encourage conversation**
YOU CAN: Ask students a morning question right when they walk through the door. Try, "If you could have one superpower, what would it be? Why?"
- ✓ **Using self-awareness to boost confidence in school**
YOU CAN: Play a fun question and response game before snack. You say (showing the movement): "Can you clap your hands?" Students respond (doing the movement): "I can clap my hands!" Try: stomp your feet, jump, wiggle like a worm, etc.
- ✓ **Exploring and creating shapes**
YOU CAN: Go on a circle hunt while walking to recess. Say, "We are heading outside. Quietly point to circles you see on the way."
- ✓ **Creating a cozy space at home to promote reading**
YOU CAN: Host a book sharing party. Invite students to bring in their favorite stuffy and book. After snack, ask everyone to find a cozy spot and share their book with their stuffy.

SAMPLE WEEK OF MESSAGES:

FACT: When children talk, they build essential communication skills. Get your little one talking by asking about the things they see, think, and do!

TIP: During a meal, pass a few questions around the table: "What's the best thing that happened to you today? What's the funniest thing?" Can everyone answer?

GROWTH: Keep asking questions to get ready 4K! Now ask a silly question to spark your child's imagination: "Where would you fly if you were an airplane? Why?"

Why ParentPowered?

- The research behind ParentPowered shows that receiving text messages with fun facts and easy tips can increase children's learning by 2–3 months over the course of the school year.
- ParentPowered activities build on families' existing daily routines, making them consistently doable.
- The ParentPowered approach has been proven to boost family engagement!



To sign up, text ParentPowered to 70138

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